

**CANADIAN VOLKSSPORT FEDERATION  
LA FÉDÉRATION CANADIENNE VOLKSSPORT  
BOARD OF DIRECTORS' MEETING  
May 28, 2010**

In Attendance: Benoît Pinsonneault, President (Chair)  
Beverley Cattrall, BC Director  
Kathy Parr, Alberta Director  
Laurie Ross, Prairies and Northern Director  
Sue Osborn, Ontario Director  
Lisette Boivin, Québec Director  
Rollie Coombes, Atlantic Director  
Kaye Farmer, Secretary  
Donna Sullivan, CVF Administrative Assistant  
David Rupar, Treasurer (for part of meeting)  
Graham Fawcett, Past President (for part of meeting)

Absent: Richard Parr, Vice-President

<b>Item</b>	<b>Topic</b>	<b>Action</b>
1.	<b>Call to Order:</b>	Benoît called the meeting to order at 8:32 am ADT.
2.	<b>Appointment of a Time-Keeper:</b>	Laurie agreed to be time-keeper.
3.	<b>Adoption of Agenda:</b>	It was moved by Kathy and seconded by Rollie that the agenda be adopted. Carried.
4.	<b>Approval of the Minutes of February 28, 2010:</b>	It was moved by Sue and seconded by Laurie that the minutes be approved. Carried.
5.	<b>Business Arising From the Minutes of the February 28 Board Meeting:</b>	
	<b>a. Sponsorship:</b>	Benoît contacted six banks and two corporations without any success.
	<b>b. CVF Business Plan:</b>	Ole will make a presentation to the AGM and he will propose that his plan be adopted.
	<b>c. 2010 Donations to the CVF:</b>	– Update: \$167 has been received to date.
	<b>d. CVF Club members reaching in 2010 the 5, 10, 15, 20, and 15 Years' Milestone:</b>	Benoît has prepared a letter of congratulations that will go to each club acknowledging the number of years of membership. For 25 years, a letter from the Goernor General will be obtained.

Item	Topic	Action
5.	<p><b>e. Convention Host for 2010 – Cape Breton Hoppers – Update:</b> Rollie extended a welcome to the Board and gave some details related to the times and locations of the weekend's activities.</p>	
	<p><b>f. 2010 Sanction Renewal Process – Update:</b> As of May 10, 273 YREs and 458 events have been sanctioned.</p>	
	<p><b>g. 2010 Budget Status as of April 30, 2010:</b> Dave Rupar went over the Income Statement for January to April, 2010, compared to the same period in 2009. He presented a budget for 2011.</p>	
	<p><b>h. New CVF T-/Golf Shirt with a Canadian Flavour – Update:</b> Donna reported that 48 polo shirts and 28 t-shirts were ordered. Those who ordered shirts may pick them up at the convention, and there are additional ones that may be purchased.</p>	
	<p><b>i. CVF/IVV Awards as of December 31, 2009:</b> 835 awards were issued in 2009. Benoît will discuss with Lea about what is needed for recognition at the higher levels which haven't previously had pins and patches.</p>	Benoît
	<p><b>j. Directors' Walks in Remote Locations – Registration, Payment, Insurance:</b> Graham presented the requirements related to insurance, indicating that the waiver must be signed before walk directions are sent. It was agreed that walkers can pay for the number of walks they did when they send their request for stamps. Benoît will check with David Phillips about the insurance ramifications related to the Dock and Walk Program since walkers will not have signed a waiver until they reach the registration point.</p>	Benoît
	<p><b>k. New Canada Not-For-Profit Corporations Act – Changes to Our Bylaws:</b> The 2008 AGM approved having an AGM by teleconference. This change was made to our bylaws and sent to Industry Canada for their approval; however, a reply has not been received. Benoît will contact CVF's lawyer about this.</p>	Benoît
	<p><b>l. CVF 25<sup>th</sup> Anniversary Committee - Update:</b> It is hoped that activities will occur at clubs across Canada during the year leading up to the convention in 2012.</p>	
	<p><b>m. New CVF Budget Item Regarding CVF Conventions - \$2500 Grant versus Loan:</b> This item was postponed to a future meeting.</p>	
	<p><b>n. Registration and Payment Online for CVF Conventions Through the CVF Website:</b> Graham indicated that PayPal might be worthwhile for convention registration; however, it would be too expensive to use for walk registrations. It is possible that it could be used for selling CVF goods.</p>	Graham

Item	Topic	Action
5.	<p><b>o. Invitation from China Volkssport Association Regarding 2<sup>nd</sup> International Walking Forum, March 3-4, 2010:</b> Beverley was thanked for being CVF's official representative. She presented a report to the Board on her trip.</p>	
	<p><b>p. Proposed Changes to IVV Rules and IVV Record Books and Awards System:</b> The majority of Canadian respondents were not in favour of the proposed changes. Benoît reported those findings to IVV, copied to the British and American organizations.</p>	
	<p><b>q. IVV – World Meeting 2010, Luxembourg, July 8-11, 2010:</b> Benoît, Graham, and Hans-Dieter Fuhr, our European Liaison, will attend this meeting and vote on behalf of Canada.</p>	
	<p><b>r. Conference of the Americas and Creation of IVV Continental Associations – Update:</b> Graham reported that he has had a Skype meeting with Curt Myron, AVA President, and Violento from Brazil. They have agreed on issues that must be resolved before the continental associations can be formed. These will be discussed at the Luxembourg meeting.</p>	Graham
	<p><b>s. Publication of IVV/CVF Event/Distance Achievement Awards on CVF Website – Update:</b> The listing that is in Volkssport Canada is also on the website. It was agreed that the names of walkers who complete the special programs should be listed as well and that this list would be cumulative for one calendar year.</p>	Graham
	<p><b>t. CVF Volunteer Service Merit Award Nominations – Amendment Proposal:</b> It was agreed that the regional director will have the authority to decide if a nominee is worthy of the award, and he/she will forward those names to the CVF office for processing. The nomination form will be updated and approved at a future meeting.</p>	Benoît Directors
	<p><b>u. 12<sup>th</sup> IVV Olympiad and Congress of Delegates in Antalya, Turkey, October 20-23, 2011:</b> Some members of the Québec club are planning a tour (October 8 to 28) that will include the Olympiad. They would like to have 40 people, and the tour will be given in French.</p>	
6.	<p><b>Directors' Reports:</b> Submitted reports are attached.</p>	
7.	<p><b>New Business:</b></p>	
	<p><b>a. Motions for 2010 CVF AGM:</b> One motion will be presented by the Volkssport Association of British Columbia.</p>	Beverley

<b>Item</b>	<b>Topic</b>	<b>Action</b>
7.	<b>b. 2009 CVF Annual Report:</b> This report includes Directors' Reports, Executive Committee reports, and various financial reports by the Treasurer. The report will be available at the AGM.	
	<b>c. Elections at 2010 CVF AGM:</b> There will be elections for the positions of President, Vice-President, Director for Québec, and Director for the Prairies and the North.	
8.	<b>Other Business: Nil</b>	
9.	<b>Next Meeting:</b> It was agreed that the next BOD meeting will be held at 1:30 pm ADT, on Sunday, May 30, 2010, in the Officers' Mess, in the Fort Ogilvy Building.	All
10.	<b>Adjournment:</b> It was moved by Beverley and seconded by Kathy that the meeting adjourn at 12:35 pm ADT.	

Original signed by

Original signed by

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Kaye Farmer, Secretary

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Benoît Pinsonneault, Chair

**President's Report for Directors' Meeting, May 28, 2010**  
**by Benoît Pinsonneault**

1. After a first review, the minutes of the BoD's meeting of February 28, 2009 were circulated and reviewed by the directors as usual before their distribution to the Board, the Executive and the membership of the CVF.
2. I kept the CVF Book of Remembrance up to date.
3. I prepared and circulated in bilingual format one new Communiqué i.e. # 13 on New CVF Polo/T-Shirts, dated March 15, 2010 with a bilingual Purchase Order Form.
4. After reviewing a draft of the new proposed IVV Guidelines on IVV events as well as on IVV Record Books and Awards, I prepared two sets of comments, which I sent to IVV respectively on 16 and 20 March 2010 with copy to AVA and BWF.
5. I translated into French six Directors' reports for the 2009 CVF Annual Report and reviewed the final draft of the said report, prepared by Graham Fawcett.
6. I reviewed all CVF Volunteer Service Merit Award nominations and approved the majority of them.
7. I, along with David Rupar, reviewed the financial entries for the first four months of operation of our current fiscal year.
8. I prepared and sent two letters to the Governor General for special recognition of the 25<sup>th</sup> Anniversary of the Ottawa Voyageurs Walking Club and on behalf of VAA for 25 years of Volkssporting in Alberta.
9. I worked on a standard registration procedure for Directors' Walks in remote location, as approved by the Board, in conjunction with Graham Fawcett for a potential registration on line for those walks as well as for the CVF Dock and Walk Program.
10. I drafted a template for a President's Letter of Congratulations to CVF clubs and associations for reaching their 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup>, 20<sup>th</sup> or 25<sup>th</sup> Anniversary as a Volkssporting/Walking organization.
11. Finally, Rollie Coombes and I came up with an acceptable amendment to the CVF Volunteer Service Merit Award Nominations Policy to include regular members in good standing who have demonstrated a long-term commitment of volunteer work in many ways with volkssporting on a regular basis to ensure the wellbeing of their local and/or regional organization/association without occupying any official or ongoing position/function to be recognized and honoured by a CVF "Tribute to our Volunteers" certificate under the President's signature.

**British Columbia Director's Report for BOD Meeting of May 28, 2010  
by Beverley Cattrall**

1. At the time of the last Board of Directors' meeting, I was representing CVF in China, participating in a walking forum in Beijing and also on a trip to an area in southwestern China where there is huge interest in holding an IVV Olympiad in 2013. While the whole trip to China was wonderful, I was particularly impressed by the degree of support for IVV events shown by this particular state government. I also learned that one should never visit China on IVV business without a fistful of business cards! A detailed report has been submitted to Benoît.
2. The Vancouver 'Venturers and the Surrey Trekkers organized a successful Olympic Challenge, which consisted of two Events and several YREs that allowed participants to walk by a number of the Olympic venues, such as the Olympic Oval in Richmond.
3. The Volkssport Association of BC held its AGM in April. Organized by the 'Vancouver Venturers, the day featured a President's Walk that took in the more rural parts of Steveston, as well as historical buildings associated with the fishing industry along the Fraser River. After the elections at the AGM, the Board of Directors remains the same with one exception: David Cattrall was elected Director at Large, responsible for VABC maps and for administering the mail-in registration walks in BC. Ethel Hansen has taken on the role of Web Site Coordinator.
4. The initial response to the mail-in registration walks has been favourable: While there is always an advantage to having walk boxes in place, with this new system walkers do not need to worry about whether the small businesses that normally look after our boxes are open or closed, or whether the staff can even find the walk box (a problem that occurs occasionally). We are also planning to do the mail-in registration walks on the mainland as group walks in the days leading up to the Thanksgiving weekend.
5. Garden City Wanderers are celebrating their 20<sup>th</sup> anniversary this year. There will be celebrations throughout the year, including at WALKfest on June 6. The VABC is also celebrating its 20<sup>th</sup> anniversary and is planning to do something special at its walk at Whistler on August 29.
6. A wide variety of interesting walks has been planned by the various clubs over the next few months. These include Gulf Island walks (Pender, Mayne and Newcastle), as well as a winery walk to celebrate Canada Day and a 4C walk in Gowlland Tod Provincial Park. The Garden City Wanderers are planning their annual exchange with their US counterparts, the Olympic Peninsula Explorers, with Victoria area walkers travelling to Port Angeles on July 18, and our American friends returning to visit us in August.

**Alberta Director's Report for BOD Meeting of May 28, 2010  
by Kathleen Parr**

1. **Barrhead Walkie Talkie VC** hosts two walks with a BBQ between in early June in Thunder Lake Park and Westlock. They will jointly host the 25<sup>th</sup> Anniversary of Walking in Alberta, with the VAA, at Horse Creek Ranch near Fort Assiniboine in Northern Alberta on June 25<sup>th</sup> – 27<sup>th</sup>.
2. **Chinook Country Pacers VC** invites everyone to come and enjoy their YRE routes in Cardston.
3. **Devon Discovery Walkers** is hosting a walk in conjunction with Canada Parks "Take a Hike" program at the Cooking Lake – Blackfoot Recreation Area in July. Come out and enjoy the hot dogs.
4. **Fox Creek Wilderness VC** hosts their annual Alberta Past President walk on July 10<sup>th</sup> followed by a luncheon in Stony Plain. The following day they host two walks a little further north at Carson Pegasus Provincial Park and in Whitecourt.
5. **St Albert Trekkers VC** hosted the VAA AGM in St Albert in April with two walks, a luncheon, a lovely banquet as well as a welcome from the mayor. The highlights of the Trekkers' busy summer sees the annual Double Toonie Luncheon in June following the morning walk in Morinville; this is the 25<sup>th</sup> Anniversary of this walk, still being hosted by Helen Rousseau, an afternoon walk follows. The Trekkers host their annual Triathlon in July with a BBQ in the evening.
6. **VC of Medicine Hat** hosts a walk in the Cypress Hills Park in June. A walk through the coulees in Medicine Hat in July and will host a BBQ and walk on the 7<sup>th</sup> of August celebrating their 15<sup>th</sup> Anniversary.
7. **Wetaskiwin VC** hosts a double walk day in the Pigeon Lake area in June, one in the park. Then hosts two walks in Red Deer in August and a walk in Millet the following weekend with a BBQ afterwards.
8. **VAA** hosts the Tuesday evening River Ravine Program jointly with the Devon and St. Albert clubs, until August 10<sup>th</sup>.
9. **AB CVF Director** hosts two walks in Red Deer on the 3<sup>rd</sup> of July to encourage the formation of a club in this area.
10. I submitted a requested article to Chatelaine Walks website at the end of April <http://en.chatelaine.com/english/health/walks/index.jsp> Not posted to date. This is a site that clubs should monitor for potential walkers, as there are people looking for walking buddies under the Chatelaine Walks Forum, at the moment in Ontario & BC. Another possibility for exposure/advertising for Volkssport is "Our Canada" & "More Our Canada", Reader's Digest publications, of reader submitted articles.

**Prairies and Northern Director's Report for BOD Meeting of May 28, 2010  
by Laurie Ross**

1. It's been a very slow Spring on the prairies...snow in May! How cruel is that? Things seem to be settling into Spring now though (she says hopefully).
2. The Windy City Wanderers had a walk in Winkler, Manitoba, on Sunday May 9<sup>th</sup> and will be venturing to Pinawa on the 30<sup>th</sup> of May. They continue on with their weekly walks on Sunday mornings.
3. The Wascana Wanderers had their first group walk of the season out at Regina Beach on April 11<sup>th</sup> followed by a wonderful meal at the home of one of our members in Buena Vista. The following week they went to Nicole Flats and did an 11 km walk. Highway clean up was done on May 15<sup>th</sup> – the Wascana Wanderers are part of the “Adopt a Highway” program.
4. The northern walks have just begun their season – so far no one has contacted me regarding Yellowknife or Iqaluit. So I haven't been able to test the mail-in registration process yet!
5. Jeanine in North Battleford is always happy to see members walk in her fair city – hopefully the Wascana Wanderers will be able to make another road trip up there this year and have a get-together of the two Saskatchewan clubs.
6. Acquiring new members is a challenge...people want to walk with us but they don't want to take part in the awards program or have to “pay” to walk. Volkssport clubs can't survive without members willing to contribute financially to the walks. I would be interested in getting feedback from other directors and club presidents that do have growing memberships on how to handle this issue.
7. I hope some of our CVF members make the trip up to Hay River to join Nancy for her amazing walks...you won't regret it.
8. Looking forward to seeing everyone in Cape Breton!

**Ontario Director's Report for Director's Meeting May 28, 2010**  
**by Susan Osborn**

1. Spring has finally come to Ontario. All the Director's walks are in place. Southampton walk has been re-established with a new start point at Mid Summers Café. The Manotick walk also has a new start point at the Mac's Milk on Main St. The new Campbellford walk offers both a 5 and 10 km walk.
2. I would like to congratulate Ray McAnally for being the first person in Ontario to complete 100,000 km. It is an amazing feat as a result of dedication and the love of walking. Congratulations.
3. All the clubs are in full swing with event and YRE walks. Nepean Nomads are well into their 20<sup>th</sup> anniversary celebrations with a Meet and Greet June 11 and the anniversary walk on the 12<sup>th</sup>, Walk Fest weekend July 31 - Aug 2 with its new start point at Jack Purcell Centre and many other walks.
4. The King's Town Trekkers have moved their bi-weekly walks to the second and fourth Monday evenings from 6:00 – 8:00 pm. The Trekkers are celebrating their 20th anniversary and are planning a two-event walk weekend August 7 & 8. There will be a walk on Wolfe Island on Saturday, registration will be at 3:00 pm at the Holiday Inn and then take the ferry across to Wolfe Island for the walk. Sunday the 20<sup>th</sup> Anniversary Walk registration will be from 9:00 – 11:00, with trail closing at 2:00 pm. Following the walk there will be a BBQ . They have 2 special event walks: Gananoque on June 26<sup>th</sup> at 10:00 am and Napanee on Saturday October 2<sup>nd</sup> at 10 pm.
5. The Ottawa Voyageurs are planning a bus trip June 25 -28 to the Lake Huron shores. September 11 they will be having their 25th Anniversary Dinner celebrating the end of our 25th year of walking in Eastern Ontario at the Royal Canadian Legion 800 Taylor Creek Dr. On October 2 they will be offering a Fall Rhapsody Gatineau Park Picnic following the walk.
6. The Gateway Walkers, Nickel City Walkers and the Temiskaming Wanderers are once again inviting walkers to come north for their Northern Festival. Walks in Callander, Colbalt, and Sudbury on July 23 – 25.
7. The Argosy Rovers seasonal walk in Trenton is now open.
8. Please note that the Ottawa-Carleton Volkssport Association walk from the Elephant and Castle is temporarily closed.
9. Hopefully we will see lots of Ontarians at the CFV AGM in Sydney, Nova Scotia.

**Québec Director's Report for BOD Meeting of May 28, 2010**  
**by Lisette Boivin**

1. Spring gave the opportunity to both clubs in the province of Québec to offer various activities to please our numerous participants: bird watching walks, cultural walks, walks in the woods and walks followed by delicious meals at restaurants. The social side is very important to us. Both clubs are getting ready to offer longer mountain hiking and cycling journeys.
2. On May 16, 2010, the City of Québec Club will be present in an advertising stand located on the Plains of Abraham during an event organized by Parks Canada and called *The Great Celebration of Nature*. It will be the perfect time for the public to learn more about Volkssport. Five and ten kilometres walks will also be offered to let people experiment with some of our activities.
3. On June 5, many club members will participate in the Canadian Cancer Society's *Relay for Life*. This walk will start in the evening and last until early morning June 6. Three club members who have survived cancer will join the Survivors walk.
4. Amateurs of long hiking trips will be participating in a three-day walk on the Île d'Orléans (Island of Orleans): breathtaking scenery and visits of numerous historic sites will be part of the journey. A three-day volksbike trip will also take place in the Nicolet//Yamaska region.
5. Last year, our members were not really interested in Québec's Director continuous and seasonal walks because they much prefer group walks. That's why I organized a weekly visit to the director's walking box in May and June. I hope this experience will be successful and that I will be able to do it again.
6. Membership is still on the rise and, of course, we believe that it is a very positive sign. There are new members each time we hold an event, and we have to find ways to keep them in our clubs by offering high quality activities all the time.
7. Wishing you all beautiful Volkssport outings!

**Atlantic Director's Report for BOD Meeting of May 28, 2010  
by Rollie Coombes**

1. The Atlantic Volkssport Clubs have had their annual general meeting on 2 May in Cole Harbour, NS to help coordinate special upcoming walk events to be held in Atlantic Canada in 2011.
2. Louis Myers from New Brunswick outlined his plans to stimulate more interest in volkssporting in that province by combining the former clubs in Saint John and Fredericton with the existing club in Moncton. A name change and a walk schedule will be developed over the next year and at this time the Atlantic Director will maintain four of the five Year Round/Seasonal Events in New Brunswick including Hartland Covered Bridge until the new club can sustain itself.
3. Tanya McNutt, President of CNVC, gave a presentation on the plans for the 20<sup>th</sup> Anniversary of the Central Nova Volkssport Club located in Truro. The CNVC host 4 Year Round/Seasonal Events, one Waterfall, and one Lighthouse Event and the only Cheese Factory Event in Atlantic Canada. Tanya would like to invite all members of the CVF family to attend a special weekend of celebrations to take place on June 25, 26 and 27, 2010. The CNVC is noted for their very special auctions. Contact the CNVC through [www.walks.ca](http://www.walks.ca) where you can find their website and other club information.
4. Joe MacKinnon, President of CBIH, and Elsie Buck, Chairperson of the 2010 Convention, gave a combined presentation of the upcoming CVF AGM activities in Cape Breton. The planned CBIH bus tour to Newfoundland's Gros Morne National Park has been put on hold for another year.
5. The Bus Tour to Gaspé Peninsula in Quebec has generated a lot of interest and the organizers from the Valley Trekkers, Lynda and Rick Kanne, were pleased to inform the membership that the tour would continue as planned and they would publicize the walks to the local communities and they invite other volkssporters to walk with them in the different communities that they will be visiting in Quebec and NB.
6. The Dartmouth Volksmarch Club was the host for the Atlantic Conference and provided a series of three excellent walk events for the delegates in attendance.
7. Spring and Summer activities will continue as planned throughout Atlantic Canada and we invite all volkssporters from across Canada to join us during the summer for a walking experience in Atlantic Canada.